

## Physical, Mental and Behavioral Health Family Resource Guide\*

### Emergency Services

Medical or Mental Health Emergency Services .....	911
Child Abuse and Neglect.....	800-562-1999
Suicide Prevention Hotline.....	800-273-8255

### State of Nebraska Services

Nebraska Department of Health and Human Services Helpline.....	800-254-4202
Financial Assistance.....	402-471-3121
Nebraska Healthy Mothers, Healthy Babies Hotline.....	800-862-1889
Nebraska Rural Response Hotline.....	800-464-0258
Nebraska 211 Helpline.....	211
Nebraska Family Helpline.....	888-866-8660
Boys Town Hotline/Your Life Your Voice Hotline.....	800-448-3000

### Regional Services

Colfax County 24/7 Crisis Response.....	866-758-4749
Faith Regional Health Services (Norfolk).....	402-644-7461
Columbus Area United Way.....	402-564-5661

### Community & Family Partnership: Community Response

Central Navigator.....	402-366-5615
Bilingual.....	402-615-0099
Youth.....	402-276-0378
24/7 Crisis Navigator.....	402-564-3264
Goodwill Community Support and Behavioral Health.....	402-947-9007

### Individual and Family Counseling Services

Center for Survivors.....	402-564-2155
Premier Psychiatric Group.....	402-476-6060
East Central District Health Department (Good Neighbor).....	402-562-7500
Colegrove Counseling Center.....	402-562-6767
Meadows Mental and Behavioral Health, Inc.....	402-564-9888
Good Life Counseling and Support.....	402-562-0400
COR Therapeutic Services.....	402-500-6870
Embark Counseling.....	402-942-9005
Elissa Olson.....	402-942-1679
Better Living.....	402-606-4524

### Colfax County (Schuyler) Services

Emergency Financial, Food Pantry, and Housing Assistance

CHI Health (Salvation Army) .....	402-352-2441
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### Schuyler Ministerial Association

- Divine Mercy Catholic Church...402-352-3540
- St John's Lutheran Church...402-352-3500
- Trinity Lutheran Church.....402-352-2307
- First Presbyterian Church.....402-352-3822
- Christ United Methodist Church...402-352-3560

The Senior Center...402-352-5009

Housing Authority...402-352-2431

### Legal Resources

Nebraska State Bar Association.....	402-742-8129
Legal Aid.....	402-348-1069
Immigrant Legal Center.....	402-898-1349

### Local Non-emergency Numbers

Schuyler Police Department .....	402-352-2415
Colfax County Sheriff .....	402-352-8526

A Comprehensive Resource Guide can also be found at:

[https://www.chihealth.com/content/dam/chi-health/website/documents/Colfax\\_County\\_Behavioral\\_Resource\\_Guide\\_EN.pdf](https://www.chihealth.com/content/dam/chi-health/website/documents/Colfax_County_Behavioral_Resource_Guide_EN.pdf)

\*Made available and provided pursuant to Neb. Rev. Stat. §43-276(2)